

GRASSHOPPERS RFC COACHES 2020/2021

PLAYING & COACHING PROFILES



JUAN MURRAY
DIRECTOR OF RUGBY
GRASSHOPPERS RFC
07956 116016

COACHING

Juan is an experienced Level 3 RFU qualified coach who has coached for over 20 years at all levels of mini and youth/junior rugby at Grasshoppers RFC as well as a DPP Academy Coach at Wasps, Community Coach & Camp Manager at Harlequins FC and currently is a Head Coach at Middlesex County Rugby.

Juan is also a Level 3 qualified Personal Trainer.

Juan has held adult rugby coaching roles at Grasshoppers RFC including 2nd XV Head Coach, achieving promotion from MMT Division1 to MMT Premiership in 2018/19 as well as Senior Squad skills/backsc Coach.

Juan is currently employed as a Rugby Development Coach at a leading West London Independent School.

PLAYING

Juan played for his school 1st XV, representing both Middlesex County and London & South East Division. After having played for his University, Juan joined the Old Priorians RFC followed by Grasshoppers RFC in 1990 where he represented all the senior teams including Captaincy of a Cup winning 2nd XV. Juan retired from playing rugby aged 51.



CLIVE SEE
HEAD & ATTACK
COACH
GRASSHOPPERS RFC
07827 994932

COACHING

Clive is a Level 3 RFU qualified coach who has coached for over 20 years at all levels of mini and youth/junior rugby at Twickenham RFC

Clive has held adult rugby coaching roles at Twickenham RFC as Head Coach helping them in 2012 to achieve year on year promotions from London 3 NW to London1.

Clive's more recent successes include, as Assistant Head Coach, the promotion of Grasshoppers RFC as League Champions from London 3 NW to 2NW in 2017/18.

PLAYING

Clive has bags of playing experience representing both Feltham RFC as a Captain and Twickenham RFC.



**JERRY HEDIGAN
ASSISTANT HEAD &
DEFENCE COACH
GRASSHOPPERS RFC
07751 800578**

COACHING

Jerry is a recently qualified Level 3 RFU Coach who has experience both as a 'player-coach' in Ireland for Galbally RFC and as a coach at Grasshoppers RFC. Jerry was the former Asst Head coach for the Grasshoppers 2nd XV as well as the Senior Squad Forwards Coach. The past season has seen Jerry thrive as 2nd XV Head Coach and the Senior Squad defence coach.

Jerry has also coached within Grasshoppers mini Juniors sections and employed as a part-time coach at an International School. Jerry has also coached youth county level at Middlesex Rugby.

PLAYING

Jerry has an extensive playing history including Galbally RFC, Richmond Limerick City and North Munster Youth in Ireland and Rockdale Sydney (Australia)



**MIKE CUDMORE
FORWARDS COACH
GRASSHOPPERS RFC**

COACHING

Mike is a vastly experienced Level 4 RFU qualified coach who has coached all levels of mini and youth/junior rugby including having been a Head Coach of a University team.

Mike has held adult rugby coaching roles at Feltham RFC and Cobham RFC.

However, Mike's main adult coaching role was with Ealing Trailfinders RFC where he started as Head Coach in 2002 when Ealing were in London 3 and took them to the Rugby Championship ending up as Director of Rugby & General Manager before he left.

Mike is currently a rugby professional/coach working at a school in Surrey.

PLAYING

As a player Mike represented several clubs including Richmond Thamesians, Rosslyn Park and Staines RFC



SEAN CONNER
ASSISTANT BACKS
SQUAD COACH & 2ND XV
PLAYER COACH
GRASSHOPPERS RFC

PLAYING

Sean started his rugby playing within the minis/juniors at Old Rutlishians (Old Ruts) in Wimbledon. He then spent a couple of seasons at Rosslyn Park before Captaining the Sussex University Men's Rugby 1st XV.

At University Sean also played for the Sussex County U20 side, Haywards Heath RFC and later Hove RFC before returning to London and Old Ruts.

After a period of recovery from shoulder injuries Sean then played for Hackney RFC and then joined Grasshoppers RFC where in 2019/20 he was awarded Player of the Season.

Sean is a new and exciting recruit to the Grasshoppers Coaching Team where he hopes to bring his backline experience to start and develop as a coach. Sean will also continue to play bringing his 1st XV experience to the developing 2nd XV as their new Head Coach and vice-captain.



STUART AIMER
STRENGTH &
CONDITIONING COACH
GRASSHOPPERS RFC

Stuart has a BSc in Applied Sports Science and is currently completing his MSc in Strength & Conditioning. Stuart is also going through the UKSCA assessment process (the Holy Grail within the S&C coaching world). Stu also owns and runs his own PT and S&C gym facility.

Stuart is a specialist in Movement, Sprint & Agility performance, and is currently the S&C Coach for the Jamaican National men's and women's Rugby & 7s program which has achieved repechage Olympic qualifications.

As well as working with Grasshoppers RFC, Stuart has also held S&C coaching roles at KCS Old Boys RFC, London Scottish & Richmond RFC, Rosslyn Park RFC and Ghana Rugby Football Union.